



SAN DIEGO CHAPTER
AMERICAN SOCIETY
OF SAFETY ENGINEERS



A Not-For-Profit Organization

January 2012

“Providing Leadership & Direction to the Safety Professional since 1911”

2011-2012 Officers

President, Daniel G. Hopwood,
M.P.H., ARM, CBCP
dhopwood@thezenith.com

President-Elect, Gary D. Couture, COSS
(619) 400-2620, (C) (619) 857-3523
gcouture@san.org

Secretary, Cathi Marx, ALCM, COSS, CHS-V,
CBRNE, (619) 294-9863, C (619) 742-1893
cmarx@aspenrmg.com

Treasurer, Thomas R. Bernitt, CSP, CQM/OE, CQA,
CHMM (619) 921-7224
eqconsultinginc@aol.com

Past President, Don Dodson, ARM, CPDM, COSS,
dodson.risk.svcs@att.net

Website Coordinator, Aleks Meyer
onlinehelp@sandiegoasse.org

Membership, Steve Thompson, BS, ARM, COSS
619-294-9863 ext 112, (C)858-717-0566
sthompson@aspenrmg.com

Job Line, David Ferguson, CSP, CEA, REA
(619) 293-1144
david.ferguson@uniontrib.com

Programs, Dan Hopwood, MPH, ARM, CBCP

Public Affairs, Isaac Smuilowicz, CSP
lszmilowicz@gmail.com

Government Affairs, Suzanne May, ARM, ASP
smay@thezenith.com
619-686-2908, (C)619-346-2180

North County Chair, Vaughn Osterhout, MS
(760) 295-6166, Mb (760) 390-8089
Vaughn.Osterhout@sodexo.com

Newsletter Editors, Pete Higgins, CSP (R), MBA,
CHMM(R) (858) 614-4512 phiggins@sandiego.gov
Cindy Reyes, (760) 918-4539 creyes@24hourfit.com

SAVE THE DATE!

January 10th, 2012

Breakfast Meeting Information

Topic: Managing Change in the
Current Labor, Regulatory
and Economic Climate-

Panelists:

Kim Jacobson, MBA, COSS Risk
Manager at the Del Mar Thoroughbred Club,

Tom Evans, MS, CHMM, REA,
Manager, Environmental Health and Safety,
Verenium Corp.,

Bryan Anderson, ARM,
Senior Vice President, Zenith Insurance
and

Ken Cohen, PhD, CIH, will join us and
represent the regulatory aspects of the panel.

When: Tuesday, January 10th
2012 @ 7:30 am

Where: Admiral Baker Clubhouse
3406 Admiral Baker Road
San Diego, CA 92120

Please RSVP by 5pm 1/6/2012 to:

Cathi Marx at: cmarx@aspenrmg.com
or (619) 294-9863

We request and prefer email over phone contact.
Cost: \$15 Members/Retired/Non-members with RSVP
on/before January 6th
\$20 Members/Non-members without RSVP prior
to January 7th
Free – 1st Meeting for New Members

Directions: Interstate 15 to Friars Road East; left onto
Santo Road (traffic light); immediate right on Admiral
Baker Road; go STRAIGHT at STOP sign; pass the recrea-
tion area and part of the golf course; road curves to right
the driving range; keep going all the way to the club-
house parking lot—a total of .9 miles from Santo Road.



Of Loss, Involvement and the Future...Thoughts from your President:

I have a lot on my mind as we have reached the end of another year and boldly step into a new one. Let me share some things with you.

The Loss of a Friend

We lost a friend on December 18th. Bill Werber, of Barney & Barney – an insurance guy, a risk guy, a safety guy and for those of us who knew him – some well, an all around good guy, passed away while in hospice. Bill died on his 63rd birthday – way too young, but without question, he left his mark. He was a Vietnam vet – a para-rescuer none the less, a guy that had developed business processes and he was a friend. Bill and I served on “another” Board together in the past; we were like – minded on more than one issue and our infrequent lunch and breakfast meetings always had a dialogue about why “people” couldn’t just do things right to begin with. Our Past President, Don Dodson was very close to Bill and has stories of their many interactions over the years. Most are funny. Bill could be a passionate guy about doing the right things for his clients and helping to protect their assets. We can learn from that passion – go ahead, give it a try.

Bill will be missed by his friends, family and co-workers. 63 sounds awful young to me. Send Bill’s family some good thoughts; it’s what we safety folks do.

Volunteerism, Commitment and Contribution

I’ve found that the dynamic of *positive* volunteerism is populated by three categories of volunteers – all adding value, making meaningful contributions and assisting in the perpetuation and leadership of an organization.

There are those that prefer to work behind the scenes, contribute, but not be out front. That’s OK, we need more of those types of volunteers – we have a lot to do the rest of the year and into 2012.

There are others that like to be engaged, are good project people and can step into the breach in a moments’ notice as might be needed to help get things done. And still, there are those that are OK being out front, will make decisions (and sometimes take the flak for them) and are fighters.

Combined, these three types of volunteers not only make meaningful contributions, they are the *connective tissue* between our organization and its general membership. I bring this up, as it is time for us to nominate a slate of officers and look for committee chairs for our new term, starting on July 1. If you have any interest in being on the board – our Executive Committee (one of our elected positions), or serving on the Board as a Committee Chair, please let Don Dodson, Chair of our 2012-13 Nominating Committee know. Don has been a champion of proper succession planning – new people, “new blood” and energy are important to us.

Regardless of the type of volunteer you think you are, consider getting involved, even as a Committee member. Those of us on the Board now can help answer questions and perhaps help guide your decision-making.

Did you attend the December Holiday Luncheon? It was nearly SRO! What a turn-out, thank you. And, thanks to Cathi Marx, Board Secretary for so much coordination work. At almost 100, we are pretty sure that was the grandest total ever. This success should lead to many more. Our attendance is up at our monthly member/educational meetings. Thank you for that and please keep it up. The future should hold that you spread the word about our chapter and what we are trying to accomplish. More importantly, help get people involved and develop new members. It’s not hard – so get out there and



get started! Steve Thompson and the Membership Committee can assist you in gathering information and helping folks get signed up as members.

We Are Givers!

We contributed, as a group, more than three car's full of items (filled to the brim) to Rachel's House, the charity we sponsored this year (thanks again to Cathi Marx). Their representative was thankful and "blown away" by the amount of items we donated to women who need a place to go during the day. Thank you all who reached down and gave – it means a lot to so many.

SPY

Oh, was it fun to recognize David Ferguson as our 2011 Safety Professional of the Year; an overdue and well-deserved honor for a great guy who has contributed to our Chapter for more than two decades. Congratulations, David!

A special thanks to Cait Casey, who was David's *sponsor* and shepherded his SPY application through the system. Our future will include more frequent recognitions such as the SPY as well as others amongst our deserving members.

Outreach

Did you see who came as our guests to the Holiday Luncheon? Representatives from the Professional Women in Insurance (PWI), the Risk and Insurance Management Society (RIMS), the Society of Chartered Property Casualty Underwriter's (CPCU) and of course our friends from the local chapter of the American Industrial Hygiene Association (AIHA) were in attendance. Our joint involvement and engagement is more important than ever, as we really do have many of the same goals in mind – the preservation of life, health and assets.

In 2012, you'll find that our groups and others, will partner on an activity or two out in the big community. Whether a project or longer term undertaking, we'll keep you informed and look forward to your contributions.

Speaking of 2012

You'll be meeting Sandy Lehmkueller of the Rick Robert's Warrior Foundation at our January meeting. It is this group that our multiple association outreach activity has engaged to try and help in 2012. As our plans become more concrete, we'll keep you advised – again, your time, commitment and involvement will help make a great difference for whomever we help.

As We Look to the New Year

I can't think of a better group to be involved with; I admire greatly what we all do and what our goals are. I know that as individuals and as a group, we will accomplish a great deal next year.

Bertrand Russell said; *"Real life is to most men, a long second best, a perpetual compromise between the ideal and the possible."*

I know in 2012 we can shorten the bridge between the ideal and the possible and do some great work. I'm up for the journey and hope you are as well. To each of you I wish the absolute best in the New Year.

Dan



January Program

Topic: Managing Change in the Current Labor, Regulatory and Economic Climate

Join us for this exciting and fast-paced session which will be of great value as you look into 2012 and beyond

Join us for a panel discussion and Q&A, that will focus on the economy, managing change, dealing with labor considerations and regulatory dynamics, now and into the near future. Speakers include an insurance executive, corporate risk manager, safety director and a panel member with a regulatory background will participate.

Panelists Include: Kim Jacobson, MBA, COSS Risk Manager at the Del Mar Thoroughbred Club, **Tom Evans, MS, CHMM, REA**, Manager, Environmental Health and Safety, Verenum Corporation and **Bryan Anderson, ARM**, Senior Vice President, Zenith Insurance are scheduled panel members. Our own **Ken Cohen, PhD, CIH**, will join us and represent the regulatory aspects of the panel.

Special Guest in January- Sandy Lehmkuhler -Warrior Foundation Director
(www.warriorfoundation.com)

Mark your calendar for our future breakfast meetings:

February 14, 2012 - Martin Jeppeson, CSP, ARM, CHS-V, Director of Regulatory Affairs for the California Ammonia Co (Stockton, CA) and our Region 1 Vice President of ASSE, will join us to cover critical topics such as: the need and value of internal collaboration, hurdles faced when wearing many hats and how to manage those successfully - including some time management, communication considerations and tools and processes that we can use to be a successful safety professional. In addition, Martin may cover the larger safety community – what you get out of “giving back” to the Society and job content considerations other safety folks don’t normally think of. This will be a great session and we look forward to our members supporting this session.

March 13, 2012 - Dr. Steve Albrecht, consultant, author, trainer and crisis responder is joining us in March. Dr. Albrecht will be talking about the critical links between safety, crisis management and response and the role that we play in mitigating and managing events such as violence in the workplace.

ASSE North County Section Meetings for 2012

All Meetings are held 11:30 AM-1:00 PM at the DEA Southwest Laboratory- 2815 Scott Street, Vista, Ca.



Feb 8th – Hazards Associated with Clandestine Lab Investigations (Speaker DEA Rep. TBD)

May 9th- City of Vista Community Emergency Response Team (Ned VanderPol & Sandy Hopkins Vista CERT Department)

August 8th- DPR's Injury Free Environment Program (Karl Shipley)

~RSVP to Vaughn Osterhout at Vaughn.Osterhout@sodexo.com



Two significant events occurred at our December Membership Meeting



Chapter President Dan Hopwood (right) present David Ferguson with the **Safety Professional of the Year (SPY) award**. David was recognized for his contributions to the Chapter providing our JOB Line for many (many) years, his employer Union Tribune and our community.

Part of Davids' Acceptance speech; "The Job Line effort has also given me an opportunity to mentor both new people coming into the field as well as seasoned professionals in how to succeed in this business. The cornerstone, I believe, to achieving success is to show value in everything we do and how it can impact your company's bottom line. If the action you are contemplating doesn't contribute value, you should not waste time on it. In my opinion, this award represents more than a nice commendation; it is emotionally gratifying and proof that in giving to others good things can come back to you. In closing, I encourage each of you to keep focused on minimizing risks to your employees by keeping prevention of injuries front and center. Work smart, work hard and don't forget about focusing on value to the company."



Antoinette Fallon, Director of Rachel's House along with President Dan Hopwood and Chapter Secretary Cathi Marx in front of some of the donations made to Rachel's House. Cathi reports our December attendees made so many donations they filled up a SUV and a sedan. Way to go people!!

Rachel's Women's Center, one of several programs within the Homeless Women's Services Department of Catholic Charities, is a drop in daytime program for homeless and very low income women in San Diego. We are open every day of the year, offering restroom, shower and laundry facilities. Lunch is served for up to 60 women daily, and many more use Rachel's as their mailing address. On average, 152 women are served each day: 2,738 women received services at least once during the previous year. An estimated 80% of women served are living with co-occurring mental health needs and drug/alcohol addictions. Staff is available to provide resource information, drug and alcohol recovery support, and mental health screening referrals.

The program would not be able to offer the breadth of services without the generous support received from volunteers and donors. Those who wish to volunteer can do so in a variety of capacities, such as serving lunch, helping organize storage rooms, doing data entry, and helping out at various events. Women at Rachel's greatly benefit from in-kind donations like personal hygiene products, cleaning supplies, paper products, disposable utensils, hot beverage cups, and plates. And, of course, cash or check donations are always an immense support.

Antoinette Fallon
Director, Rachel's Women's Center
Catholic Charities
619-236-9074



Congratulations!

Our Suzanne May passed the Associate Safety Professional examination in December and is now **Suzanne May, ARM, ASP**

Additionally, the Chapter's Public Affairs Officer Isaac Smuilowicz has passed the Certified Safety Professional exam and is now **Isaac Smuilowicz, CSP!**

CSP/ ASP Study Group

For those wanting to follow in Suzanne & Isaac's footsteps: CSP study sessions in process until February 01, 2012, when the study group resumes. Text messages and e-mails will receive a response. Pat McNamara: pfmcn@san.rr.com // Text msg: (858) 335-1254.

Membership Committee Report and Information

The next Membership meeting is scheduled for 1/13/2012 from 8AM to 9AM at the Aspen Risk Management Group office in Mission Valley. If you are looking to get involved with a San Diego ASSE Committee but have limited time or resources – this is the place for you. Would you like to interview a senior ASSE Member for the Newsletter? Are you hesitant to serve because you “haven't done anything like this before,” or you're a “newbie” and “not sure how to get involved?” Are you a veteran ASSE'er and want to find ways to reach out to upcoming and/or veteran safety professionals and others with peripheral safety duties? Are you interested in spreading the word of safety throughout schools, associations, and other venues? Are you looking to expand your network as a safety professional? If the answer is YES to any of these questions - I'm looking forward to having you join our Membership Team.

~ Steve Thompson, sthompson@aspenrmg.com, 619/294-9863

Government Affairs Report – Suzanne May

New!! Department of Industrial Relations: Compliance Monitoring Unit (CMU)

- Starts January 1, 2012
- New unit within DLSE (Dept of Labor Standards Enforcement)
- Purpose: This program was created (via AB436) to monitor and enforce prevailing wage requirements on public works projects that receive state bond funding and on other projects that are legally required to use the CMU. The function of this unit is to ensure that public works construction workers are promptly paid the proper prevailing wage rates and in helping maintain a level playing field for contractors who comply with the law.
- It applies to contracts awarded on or after 1/1/2012.
- CMU workplace poster must be posted at jobsite
- More Info? <http://www.dir.ca.gov/dlse/cmu/cmu.html>

New Employment Laws for 2012



Here they come! Here is a listing by name of the new employment laws for 2012. A link is provided at the bottom of the list for further detail.

AB 22 (Mendoza D) Employment: credit reports
AB 240 (Bonilla D) Compensation recovery actions: liquidated damages.
AB 243 (Alejo D) Labor contractors
AB 378 (Solorio D) Workers' compensation: pharmacy products
AB 436 (Solorio D) Public works: labor compliance
AB 469 (Swanson D) Employees: wages
AB 514 (Hernández, Roger D) Public works: prevailing wage: hauling refuse
AB 551 (Campos D) Public contracts: prevailing wage requirements: violations
AB 585 (Fong D) Workers' compensation: cancer presumption
AB 587 (Gordon D) Public works: volunteers
AB 766 (Monning D) Public works: payroll records
AB 1136 (Swanson D) Employment safety: health facilities.
AB 1168 (Pan D) Workers' compensation: vocational expert fee schedule
AB 1236 (Fong D) Employment: hiring practices: electronic employment verification
AB 1396 (Committee on Labor and Employment) Employment contract requirements
AB 1398 (Chesbro D) Employment of minors: agricultural packing plants.
AB 1401 (Committee on Arts, Entertainment, Sports, Tourism,) Employment: minors
SB 56 (Corbett D) Apprenticeship oversight
SB 136 (Yee D) Public contracts: prevailing wages.
SB 457 (Calderon D) Workers' compensation: liens
SB 459 (Corbett D) Employment: independent contractors
SB 826 (Leno D) Workers' compensation: data reporting requirement: administrative penalties

Additional information may be found on these new laws at:

http://www.dir.ca.gov/od_pub/NewLaws2012.pdf

Notes from the ROC 1 State SH&E Regulatory Activity Report (courtesy of James Boretti):

CA A 327: Hazardous Waste: Perchlorate: This bill is in committee. It would make nonsubstantive changes and delete obsolete provisions in existing law.

CA 20312 2010 Consumer Products – Volatile Organic Compounds (VOC's): Effective 12/10/2011. Adds and modifies product category definitions and establishes new or lower VOC limits for a number of consumer product categories. Includes products such as; artist's solvents and thinners, oven cleaner, fabric cleaner and various polishes.

CA 20371 2010 Truck/Bus 2010, On Road: Effective 11/9/2011. Addresses emissions of; diesel particulate matter, oxides of nitrogen and other criteria pollutants from in-use on-road diesel-fueled vehicles, the heavy-duty vehicle greenhouse gas emission reduction measure, and the regulation to control emissions from in-use on-road diesel-fueled heavy-duty drayage trucks at ports and intermodal rail yard facilities.

CA 20432 2010 General Industry Safety Orders: Status 11/11/2011 **Decision not to proceed.** Amends rule addressing personal protective devices-hazard assessment and equipment selection and employer duty to pay for personal safety devices and safeguards.



CA 20821 2011 Construction/Electrical/Tunnel Safety Orders: Effective 10/27/2011. Clarifies medical services and first aid provisions for electrical workers in a construction setting and in general industry which are substantially the same as the federal standards. Prescribes medical services and first aid for workers performing work on low-voltage and high-voltage electrical equipment. Ensures that ventilation is provided at specific minimum airflow rates of fresh air to maintain concentrations below acceptable limits. Ensures that ventilation is provided so that internal combustion engines used in enclosed spaces do not cause harmful exposures. Provides clarity to the employer that tunnels and excavations not covered by the Tunnel Safety Orders are addressed by other statutes.

CA 20955 2011 Electronic Notices of Violation: Effective 12/28/2011. Allows for the electronic service of alleged violations of Proposition 65 (Safe Drinking Water and Toxic Enforcement Act of 1986) to the Attorney General's office.

CA 20968 2011 Proposition 65- Imazalil (Carcinogen): 10/21/2011 Notice of Public Hearing, comment deadline 11/21/2011. Establishes a specific regulatory level posing no significant risk for Imazalil.

CA 20982 2011 Prop 65 - Hexavalent Chromium: Comment deadline extended to 11/30/2011. Removes the reference to hexavalent chromium from the list of chemicals posing no significant risk by the route of ingestion.

CA 21060 2011 Single-Rail Ladders; Helicopter Fueling: Comment Deadline: 12/15/2011. Adds a definition for the term "single-rail ladder." Requires employers to use conventional two rail portable ladders. Clarifies to the employer the meaning of the prohibition on single-rail ladder use. Clarifies to the employer that specified fixed ladder use requirements apply to the Construction Safety Orders. Provides consistency with Federal Aviation Administration and National Fire Protection Association regulations regarding helicopter refueling. Addresses the reduction of static discharge which would minimize the potential for fire and explosion which could result in serious employee injury or fatality.

CA 21090 2011 Underground Storage Tank Regulations: Comment Deadline: 01/02/2012. Amends rules regarding underground storage tank (UST) design and construction. Provides an option for compliance with existing independent testing and approval requirements so that UST owners and operators can store alternative fuels in USTs in a manner that does not create any significant risk of adverse impacts to water quality.

Scholarship Opportunities for Student Members

We have scholarships available to Student Members. If interested in a scholarship, please check our website for an application.



Get Ready for the next "BIG" Whatever – Ed Langmaid

In 2011 we learned that it doesn't take much to cripple the entire community. Our big power failure stopped traffic, shut down businesses, and even impacted care in hospitals. Just consider if our power failure had occurred at 6:00 pm during dinner preparations instead of in daylight where we had time to find our radios, camping gear and flashlights.

An article from Sign on San Diego caused me to think about the concept of "city of villages" and how it relates to businesses. Each business is a "village" where we can help individuals develop useful skills and behaviors. As we move into the New Year, one resolution might be to help employees in your business to prepare for the unexpected with a schedule of simple activities. The simpler we can be the greater chance we will shift the "village" to a culture of preparedness. We do need to prepare.

Here is a sample list of what you can do in the first half 2012. Maybe you add a reminder in "Outlook" for the first Monday of every month to send out a quick mention of preparedness actions. For most people, the preparedness actions need to be minimal so they don't conflict with all of their other activities.

January - Power Failure Preparedness steps:

1. Get a medium size clear tub from a local store for a real basic disaster kit. a) flashlight, batteries (not installed), b) portable radio with batteries not installed. You can get an emergency crank flashlight/radio but invest in a good one.)
2. Put the tub under or near your bed.
3. Tell the family where it is. The container will hold more but we are starting with the basics.

February - Family emergency plan:

1. With others in the household, fill out your family plan - <http://www.co.san-diego.ca.us/oes/docs/FamilyDisasterPlan.pdf>
2. After reviewing it with everyone, put it in your tub under or near your bed

March - Tsunami education - Since 1800, only four locally generated tsunamis have been observed in Southern California. The most significant was in 1812 in Santa Barbara and Ventura County. Several small buildings were damaged and many ships were destroyed.

1. Tell people about the Tsunami video at <http://www.readysandiego.org/kids/> or
2. For basic information - http://www.co.san-diego.ca.us/oes/disaster_preparedness/oes_jl_tsunami.html
3. Test the flashlight and radios in your preparedness tub. The emergency radio station is AM 600.

April - Earthquake Preparedness - part 1

1. Add a pair of sturdy shoes to your tub and have all family members keep shoes and a flashlight in one of the shoes near their bed. (If in bed during a quake, stay in bed and cover your head. After the shaking has stopped put on your shoes so you don't cut your feet from broken glass.)
2. Learn the steps for reacting to an earthquake - Drop, Cover and Hold on.
<http://www.ready.gov/earthquakes>

May - Earthquake Preparedness - part 2



1. Water - At least a gallon a day per person for 3 days. If you have a tankless water heater you might need more water as you can't rely on a reserve supply of water from a water heater tank.

June - Earthquake Preparedness - part 3

1. Get a big tub and make a preparedness kit - <http://www.ready.gov/build-a-kit>
2. Check the flashlights at all of the beds and move the radio to your big preparedness kit.

If you are able to get 7 out of 10 employees to take these actions, your business is on the road to a great culture of preparedness!

As we saw in Japan in March 2011, there are disasters that come fast and furious and with epic force. A Tsunami or an earthquake will put you and everyone around you immediately on the front lines of disaster and chaos. No one will be able to predict the impacts and there won't be an immediate line-up of outside resources.

And finally there is an organization that will help you keep on your schedule: <http://do1thing.com> . It is a 12-step preparedness program and you can register to have it send you monthly reminders.

It is all up to you.



UP COMING EVENTS and USEFUL LINKS



Please contact our Newsletter Editor if you have an upcoming event or a useful link you would like to share with the rest of the membership.

Safety Exchange of America (SEA)

The SEA website has a great deal of useful information including safety talks, video clips and links to even more information. Check it out at: www.emeetingplace.com/

Pacific Safety Council

Find the classes you need on the training page at: www.pscsd.com
Pacific Safety Council, 9880 Via Pasar, Suite F, San Diego, CA 92126

Check out [OSHA Training Blog](#) written by a fellow ASSE member (Curtis Chambers, CSP). It may be useful to you and others in staying abreast of important OSHA compliance matters.

Employment Opportunities: <http://jobline.sandiegoasse.org/>

CONTACT INFORMATION

Our mailing address is: San Diego Chapter of the American Society of Safety Engineers
PO BOX 880163 SAN DIEGO CA 92168-0163
WEBSITE: www.sandiegoasse.org/